Dermal Fillers (Hyaluronic Acid)

POST TREATMENT INSTRUCTIONS

- 1. Immediately after the treatment, there may be slight redness, swelling, tenderness and an itching sensation in the treated area. The inconvenience is temporary and will disappear in a day or two.
- 2. The initial swelling after lip treatment may last longer. Some patients experience swelling for about one week and their lips can look somewhat uneven during this time. This means that the result immediately after the treatment should not be looked upon as the final result.
- 3. Avoid touching the treated area and avoid exaggerated facial expressions for 6 hours after treatment. After that, light make-up and your normal skin care products can be applied, and the area can be gently washed with soap and water.
- 4. Until the initial swelling and redness have resolved, do not expose the treated area to intense sunshine, extreme heat (sauna, sun tanning) or extreme cold. You may gently apply ice for short periods of time to any bruises or areas of tenderness.
- 5. If you have previously suffered from cold sores, there is a risk that the needle punctures could contribute to another cold sore. If you tend to develop cold sores, you should pre-medicate with your usual anti-herpetic medication.
- 6. If you are using aspirin or any similar medication, be aware that this may increase the risk of bruising or bleeding at the injection site.

Note: Since hyaluronic acid naturally dissolves over time, the correction does not last forever. A follow-up injection a few weeks after the first procedure can prolong the effect and improves the results. Periodic touch up treatment helps sustain the desired degree of correction.